**Resources for parents (online content)**

Getting their first mobile phone / becoming more independent:

* Catch all Website: <https://parentinfo.org/>
* Catch all website: <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
* <https://www.internetmatters.org/resources/tech-guide/mobile-phones-for-children/>

Copying older siblings:

<https://www.childnet.com/parents-and-carers/hot-topics/social-media>

Catch-all parent website: leaflets, resources around lots of themes including life online, family agreements around mobile phone useage.

Parent toolkit: <https://www.childnet.com/parents-and-carers/parent-and-carer-toolkit>  includes leaflets, resources, talking about life online, family agreements

Setting up  <https://www.childnet.com/parents-and-carers/hot-topics/screen-time-boundaries>

Developing children’s skills around internet useage:  <https://www.childnet.com/parents-and-carers/hot-topics/critical-thinking>

Key terms around social media guide for parents: <https://www.youngminds.org.uk/parent/a-z-guide/social-media/>

Developing digital wellbeing with your child:

<https://www.childnet.com/parents-and-carers/hot-topics/digital-wellbeing>

<https://www.mentalhealth.org.uk/publications/talking-your-children-about-healthy-internet-use> (issues around addiction)

Setting up parental controls / monitoring content that expires:-

<https://www.childnet.com/parents-and-carers/hot-topics/parental-controls>

<https://www.childnet.com/parents-and-carers/hot-topics/expiring-content>

Issues around Cyberbullying / Sexual harassment issues online.

<https://www.childnet.com/parents-and-carers/hot-topics/cyberbullying>

<https://www.childnet.com/parents-and-carers/hot-topics/online-sexual-harassment>

<https://www.internetmatters.org/resources/social-media-advice-hub/social-media-concerns/#online-actions-hurting-others>